



October 2009



How's your energy?

Newest Products

As the cold weather rolls in, you may be noticing yourself hitting the snooze button a few extra times, needing that first cup of coffee in the morning to wake up, or just not having your usual amount of energy. Welcome to Autumn!!!! There's a subtle shift towards introspection that occurs around this time of year. This year try to go with the flow.



Slow down...breathe...rest. Our societal rituals don't always allow time for introspection, but I bet you can find at least 5 minutes in any given day to dedicate to just quieting yourself. That's all it will take to find yourself in harmony with this time of year.

Have a safe and happy Halloween!

Cold & Flu Massage Oil

A perfect addition to your natural medicine cabinet. Our family spends some time each Sunday massaging each other's feet with this highly microbial massage oil. We've infused highly nutritive jojoba oil with the powerful immune system enhancing Four Thieves essential oil blend and Tea Tree Essential Oil. A little goes a long way!



10% off Cold & Flu Massage Oil

1 oz \$4.50

All natural Hand Sanitizer:

Created due to the demand for an all natural hand sanitizer that would not contain isopropyl alcohol and triclosan. Our all natural hand sanitizer is formulated from an aloe vera base and contains a multitude of essential oils traditionally used to bolster the immune system. Has a light citrus aroma.



20% off Natural Hand Sanitizer

4 oz \$5.60

Recession pricing is still in effect. Check website for details!